



OUR MISSION Offer care to those with limited access to eating disorder providers in their area and to walk alongside them in their recovery transformation from beginning to end.

WE ARE AN EATING DISORDER DIETITIAN GROUP Specializing in the nutrition treatment of adults and adolescents with eating disorders and their nutrition-related sequelae. Our staff will work with your outpatient team (therapist, psychiatrist, medical provider) to offer a unique individualized, whole-person, medically informed approach. Based out of Oklahoma, we see clients in-person at our office located in South Tulsa. Telehealth services using HIPAA-compliant real time video is offered to out of state clients in which we hold a license or have permission to practice dietetics.

SERVICE STATES

licensure laws apply

- Arkansas
- Arizona
- California
- Colorado
- Idaho
- Indiana
- Kansas
- Louisiana
- Michigan
- Minnesota
- Nebraska
- Oklahoma
- Texas
- Virginia
- Washington
- Wisconsin

POPULATIONS TREATED

but are not limited to

- Anorexia nervosa
- “Atypical” anorexia nervosa
- ARFID (extreme picky eating)
- Binge Eating Disorder
- Bulimia nervosa
- LGBTQ
- Night eating syndrome
- OSFED formerly ED-NOS
- Purging disorder

CO-OCCURRING CONDITIONS

we affirm and that inform our care

- ADHD
- Addiction
- Amenorrhea
- Anxiety
- Attachment disorder
- Autism spectrum disorder
- Autoimmune conditions
- Bipolar disorder
- Body dysmorphic disorder
- Borderline personality disorder
- Crohn’s disease
- Co-dependency
- Constipation
- Depression
- Dysphagia
- Gastric bypass
- Gastroesophageal reflux
- Hypoglycemia
- Hypothyroidism
- Irritable bowel syndrome
- Mast Cell Activation Syndrome
- OCD
- Orthorexia
- Polycystic Ovarian Syndrome
- Postural Orthostatic Tachycardia
- Short Bowel Syndrome
- Substance use
- Trauma and PTSD



“Our services may be ideal for those who are ‘sick’ of their eating disorder but struggle with the ambivalence inherent to recovery, for those who have “been there done that” and feel like giving up, maybe having been in treatment multiple times and find themselves repeating engrained behaviors and habits upon returning home, for those whose eating disorder originated early in life and perhaps were victims of trauma and used their eating to manage their feelings of overwhelm, for those who are skeptical that recovery exists for them and are held hostage by their thoughts and behaviors, for those parents or support persons who simply need guidance with how to support their loved one at struggle, and for those who have a strong desire to live wholeheartedly but are not sure where to start, or those who need a judgement-free someone to bear witness to their story, vulnerability, and humanity as they tackle the great journey of recovery.”